

TRINITY WOODS A Life Engaged - September 2024 trinity senior services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
10:00- Reflection "On Loving the Earth"- Chapel 2:00- Mahjong- Trio	9:00-Centering Prayer- Chapel 4:00- Happy Hour- Trio 6:30- Monday Movie: Life Of Pi LABOR DAY	HEAR WI Van 9:00- Shopping to Walgreens 10:00- Exercise Video 10:30- Outdoor Walking 1:30- Bingo- Art Rm. 2:00- Mahjong- Trio 4:00- Mass 7:00-9:00- Card Playing- Art Rm.	10:00- Exercise Video 1:30- Shopping to Land's End 2:00- Drop in Tech Help- Trio 2:00- Wii Bowling- Art Rm. 4:00- Mass	9:00- Book Nook 9:30-Wellness Clinic 10:00- Exercise Video 1:00- Chat & Stitch- Art Rm. 2:00- Mat Making- Art Rm. 2:00- Book Club- Trio 2:00- Outdoor Games- Sophia Courtyard 4:00- Mass	9:00- Card Playing-Art Rm. 9:45- Exercise Video 10:30- The Chosen - Chapel 1:00- MKE Boat Tour 1:30- Art Therapy with Becky- Art Rm. 2:00- Mahjong- Trio 2:45- Peace Prayer- Chapel 4:00- Mass 4:00- Happy Hour	2:00- Board Games- Trio 4:00- Mass
8	9	10	11	12	13	14
2:00- Mahjong- Trio 2:00- MMU Soccer Game outdoor field walk across the Quad	9:00-Centering Prayer- Chapel 9:30- Writer's Group-Milw. Rm. 10:00- Exercise Video 1:30- Shopping to Aldi / Dollar Tree 4:00- Happy Hour & Tom Schulz Meet & Greet- Trio 6:30- Monday Movie: Holes	10:00- Exercise Video 10:30- Outdoor Walking 1:30- Bingo- Art Rm. 2:30- Resident Meeting- Chapel 4:00- Mass 7:00-9:00- Card Playing- Art Rm.	10:00- Stretch with Stephanie 11:15- Outing to Central Library Green Roof 2:00- Wii Bowling-Art Rm. 4:00- Mass	10:00- Exercise Video 1:00- Chat & Stitch- Library 1:00- Shalom Meeting- Art Rm. (No Mat Making Today) 2:00- Outdoor Games- Sophia Courtyard 4:00- Mass	9:45- Exercise Video 10:30- The Chosen - Chapel	2:00- Board Games- Trio 11:00- UW- Badgers vs. Alabama 4:00- Mass
15	16	17	18	19	20	21
12:00- Watch Party: Packers vs. Colts-Trio 2:00- Mahjong Library	9:00-Centering Prayer- Chapel 10:00- Exercise Video 10:30- iPad Class- Trio 1:00- Watercolor Class - Art Rm. 4:00- Happy Hour- Trio 6:30- Monday Movie: The King and I	10:00- Exercise Video 10:30- Outdoor Walking 1:30- Bingo- Art Rm. 2:00- Mahjong- Trio 4:00- Mass 7:00-9:00- Card Playing- Art Rm.	10:00- Exercise Video 1:30- Shopping to Kohl's / Pick & Save 2:00- Ladies' Tea- Trio 2:00- Wii Bowling- Art Rm. 4:00- Mass Vaccine Clinic sign-up see flyers for info	9:00- Book Nook 9:30-Wellness Clinic 10:00- Guest Speaker John Gurda-Chapel 1:00- Chat & Stitch- Library 1:45- MMU OT Students- Art Rm. 2:00- Outdoor Games- Sophia Courtyard 4:00- Mass	9:00- Card Playing-Art Rm. 9:45- Exercise Video 10:30- The Chosen - Chapel 1:30- Art Therapy with Becky- Art Rm. 2:00- Mahjong- Trio 4:00- Mass 4:00- Happy Hour- Trio	2:00- Board Games- Trio 4:00- Mass
22	23	24	25	26	27	28
12:00- Watch Party: Packers vs. Titans- Trio 2:00- Mahjong- Library 6:00- Spirit Series- Chapel	9:00-Centering Prayer- Chapel 10:00- Exercise Video 10:30- iPad Class- Milwaukee Rm. 1:15- Interl. Day of Peace- Sophia Courtyard 3:00- Paint & Sip-Art Rm. 4:00- Happy Hour- Trio 6:30- Monday Movie: RV	8:00- Men's Breakfast- Dining Room 10:00- Tai Chi Video 10:30- Outdoor Walking 1:30- Bingo- Art Rm. 2:00- Mahjong- Trio 4:00- Mass 6:30- Music & Oktoberfest event 7:00-9:00- Card Playing- Art Rm.	10:00- Stretch with Stephanie 1:30- Shopping to Piggly Wiggly / Target 2:00- Drop in Tech Help- Trio 2:00- Wii Bowling- Art Rm. 4:00- Mass	10:00- Exercise Video 1:00- Chat & Stitch- Art Rm. 2:00- Sept. Birthday Party-Trio 2:00- Mat Making- Art Rm. 2:00- Outdoor Games- Sophia Courtyard 4:00- Mass	9:00- Card Playing-Art Rm. 9:45- Exercise Video 10:30- The Chosen - Chapel 11:30- Lunch Bus- Mader's 1:30- Art Therapy with Becky- Art Rm. 2:00- Mahjong- Trio 4:00- Mass 4:00- Happy Hour- Trio	2:00- Board Games- Trio 2:00-4:00- Filipino Activities at Mt. Mary 4:00- Mass
29	30				Key:	-
12:00- Watch Party: Packers vs. Vikings-Trio	9:00-Centering Prayer- Chapel 10:00- Exercise Video 12:00-Sister to		A		Outings & Sho Music & Preser Movies & Docu	ntations

Vikings-Trio 12:00-Sister to Sister-Trio 2:00-

Mahjong-Library

3:00- Karaoke- Trio 4:00- Happy Hour-Trio 6:30- Monday Movie: A Chorus Line



Art/Other

Activities that require you to sign up will be underlined