



# Breakfast Menu



## All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

## Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

## Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper  
Toast: white, wheat, cinnamon raisin, rye, english muffin

## Avocado Toast

Toast topped w/ avocado, tomato & poached egg  
Toast: white, wheat, cinnamon raisin, rye, english muffin

## Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

## Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

## French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

## A La Carte

### Hash Browns

### Cold Cereal

Cheerios, Honey Nut  
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

### Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait  
Yogurt (Activa, Yoplait or Greek)  
Stewed Prunes**

## Beverages

### Hot Coffee or Tea

Regular or Decaf

### Water

### Milk

Skim, 2%, Whole, Soy

### Juice

Apple, Orange, Cranberry, Prune





# Lunch Menu

September 15<sup>th</sup> – September 21<sup>st</sup>

All meals are served with fruit



## Sloppy Joe Sandwich

Seasoned Ground Beef simmered with onions and peppers in a zesty tomato sauce and served with pickle slices

Your Choice: Chips, Fries, or Baked Beans

## Chicken Salad Sandwich/Wrap/Bowl

Fresh made Chicken Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries or Baked Beans

## Mediterranean Shrimp Salad

Pan-seared shrimp, spring greens, tomato, red onions, black olives, feta cheese

## Chicken Tenders (3)

Your Choice: Chips, Fries or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

## Deli Sandwich (Whole or Half)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries or Baked Beans

## Pub Burger or Grilled Chicken on a Bun (Half or Whole)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

## Grilled Cheese (Whole or Half)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

## Grilled Hot Dog on a Bun

Your Choice: Chips, Fries or Baked Beans

## A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





## Beverages

**Hot Coffee or Tea** (Regular or Decaf)

**Milk** (Skim, 2%, Whole, Soy)

**Juice** (Apple, Orange, Cranberry, Prune)

**Other** (Iced Sweet Tea, Lemonade, Water)

## Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

## Soup of the Day

**Sunday:** Chicken Noodle

**Monday:** Broccoli Cheddar

**Tuesday:** Beef Barley

**Wednesday:** Cream of Chicken & Wild Rice

**Thursday:** Italian Wedding

**Friday:** Hearty Chili

**Saturday:** Split Pea with Ham



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



# Dinner Menu

September 15<sup>th</sup> – September 21<sup>st</sup>

**All meals are served with vegetable of the day**

## **NY Strip Steak**

Grilled to order w/ sauteed mushrooms & onions

Your Choice: Baked, Sweet or Mashed Potatoes

## **Bourbon Chicken over Rice**

Lightly Breaded Chicken tossed in a Sweet Bourbon Sauce

## **Herb Crusted Cod Loin**

Oven baked in herbed butter sauce, served w/ lemon

Your Choice: Fries, Baked, Mashed or Baked Beans

## **Cheese Ravioli & Breadstick**

Cheese Ravioli topped w/ Marinara Sauce

## **Grilled Chicken Breast**

Your Choice: Fries, baked, Mashed or Baked Beans

## **Chicken Tenders (3)**

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

## **Pub Burger or Grilled Chicken on a Bun (Half or Whole)**

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

## **Grilled Hot Dog on a Bun**

Your Choice: Fries, Baked, Mashed or Baked Beans

## **Grilled Cheese (Whole or Half)**

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

## **A La Carte**

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





## Vegetable of the Day

Will vary for the summer as we use our Farm's produce.

## Beverages

**Hot Coffee or Tea** (Regular or Decaf)

**Milk** (Skim, 2%, Whole, Soy)

**Juice** (Apple, Orange, Cranberry, Prune)

**Other** (Iced Sweet Tea, Lemonade, Water)

## Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

**Sunday:** Assorted Dessert

**Monday:** Banana Pudding w/ Nilla Wafers

**Tuesday:** Strawberry & Blueberry Shortcake

**Wednesday:** Banana Chocolate Marble Cake

**Thursday:** Caramel Cake

**Friday:** Hot Fudge Sunday

**Saturday:** Chocolate Cupcake w/ Peanut Butter Frosting

Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.

