

Clare Suites-October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Sm. Group Art Therapy - GR	9:30 Resident Council – 3 rd Floor	9:30 Sm. Group Art Therapy – AS	Morning Declan the Dog Visits	9:30 Strength and Balance
		9:45 Exercise	9:45 Exercise	9:30 Exercise	9:30 Morning Stretch	10:00 Current Events
		10:00 Current Events	10:00 Current Events	10:00 Current Events	10:00 Current Events	10:30 Trivia
		10:30 Prayer Service with Bill	10:30 Balloon Volleyball	10:30 Memory Trees	10:30 Mass – 3 rd Floor	1:30 Walking Club
		1:30 Strength & Balance - GR	1:15 Walking Club	1:30 Strength & Balance – GR	11:00 Anointing of the Sick – 3 rd	2:00 Discussion Group:
		1:30 Trivia	1:30 Memories in the Making - AS	2:15 Dice Bowling	1:30 Trivia with Gene	Autumn Myths and Legends
		2:15 Craft: Pinecone Bat	1:45 Candy Trivia	3:30 Today in History	2:00 Walking Club	3:00 Bingo
		Decorations	2:30 Rosary - 3rd Floor	6:00 Discussion Group: Life in	2:30 Happy Hour – LB	6:00 Evening Movie
		2:30 Hand Bell Choir Practice -	3:00 Mass - 3rd Floor	Color Episode 2	6:00 Evening Movie	
		3 rd Floor	3:45 Sensory Visits			
		3:15 Today in History	6:00 Bingo			
		6:00 Nothin' but Nails				
6	7	8	9	10	11	12
9:30 Exercise	Morning Cooper the Dog Visit	9:30 Sm. Group Art Therapy - GR	9:30 Exercise	9:30 Sm. Group Art Therapy – AS	Morning Declan the Dog Visits	9:30 Strength and Balance
10:00 Current Events	9:30 Exercise	9:45 Exercise	10:00 Current Events	9:30 Exercise	9:30 Morning Stretch	10:00 Current Events
10:30 Mass – 3 rd Floor	10:00 Current Events	10:00 Current Events	10:30 Heinzel Kunsmann	10:00 Gardening Club – CY	10:00 Current Events	10:30 Discussion Group:
11:00 Rosary – 3 rd Floor	10:30 Horseshoe Toss	10:30 Prayer Service with Bill	Performance – 3 rd Floor	10:00 Current Events	10:30 Mass – 3 rd Floor	Poetry Readings
1:30 Walking Club	Afternoon Marietta the Dog Visit	1:30 Walking Club	1:15 Walking Club	10:30 Memory Trees	1:30 Trivia with Gene	1:30 Walking Club
2:00 Nails/Sensory Visits	1:30 Travel Talk: Barcelona	1:45 Ice Cream Social – Lobby	1:30 Memories in the Making - AS	1:30 Strength & Balance – GR	2:00 Walking Club	2:00 Name That Tune
3:15 Word Games	2:45 Reconciliation – 3 rd Floor	3:00 Word Games	1:45 Food Trivia	2:15 Pass the Pigs	2:30 Happy Hour – LB	3:00 Bingo
6:00 Evening Movie	3:00 Mass - 3 rd Floor	3:30 Today in History	2:30 Rosary - 3rd Floor	3:30 Today in History	6:00 Evening Movie	6:00 Evening Movie
-	3:30 Sensory Visits	6:00 Nothin' but Nails	3:00 Mass - 3rd Floor	6:00 Famous Faces		
	6:00 Name That Tune		3:45 Sensory Visits			
			6:00 Bingo			

13	14	15	16	17	18	19
9:30 Exercise	Morning Cooper the Dog Visit	9:30 Music Therapy with Lisa	9:30 Exercise	9:30 Sm. Group Art Therapy – AS	Morning Declan the Dog Visits	9:30 Strength and Balance
10:00 Current Events	9:30 Exercise	10:30 Prayer Service with Bill	10:00 Current Events	9:30 Exercise	9:30 Morning Stretch	10:00 Current Events
10:30 Mass – 3 rd Floor	10:00 Current Events	12:30 Outing: Holy Hill Scenic	10:30 Balloon Volleyball	10:00 Current Events	10:00 Current Events	10:30 Discussion Group:
11:00 Rosary – 3 rd Floor	10:30 Jack o' Lantern Beanbag	Drive	11:45 Lunch Bunch – Lobby	10:30 Memory Trees	10:30 Mass – 3 rd Floor	World Records
1:30 Walking Club	Toss	^^^ SIGN UP REQUIRED	^^^ SIGN UP REQUIRED	1:30 Strength & Balance - GR	1:30 Trivia with Gene	1:30 Walking Club
2:00 Nails/Sensory Visits	Afternoon Marietta the Dog Visit	1:30 Strength & Balance – GR	1:15 Walking Club	2:15 Making Appetizers: Caramel	2:00 Walking Club	2:00 Proverbs/Common
3:15 Discussion Group: The	1:30 Travel Talk: Monterey, CA	2:15 Discussion Group: History of	1:30 Memories in the Making - AS	Apples	2:30 Happy Hour – LB	Sayings
History of Roller Skating	3:00 Mass - 3 rd Floor	Halloween	1:45 Letter Trivia	3:30 Today in History	6 :00 Evening Movie	3:00 Bingo
6:00 Evening Movie	3:30 Sensory Visits	3:15 Today in History	2:30 Rosary - 3rd Floor	6:00 Discussion Group:		6:00 Evening Movie
	6:00 Sweet Social	6:00 Nothin' but Nails	3:00 Mass - 3rd Floor	Biography of Rita Hayworth		
			3:45 Sensory Visits			
			6:00 Bingo			
20	21	22	23	24	25	26
9:30 Exercise	Morning Cooper the Dog Visit	9:30 Sm. Group Art Therapy - GR	9:30 Exercise	9:30 Sm. Group Art Therapy – AS	Morning Declan the Dog Visits	9:30 Strength and Balance
10:00 Current Events	9:30 Exercise	9:45 Exercise	10:00 Current Events	9:30 Exercise	9:30 Morning Stretch	10:00 Current Events
10:30 Mass – 3 rd Floor	10:00 Current Events	10:00 Current Events	10:30 Balloon Volleyball	10:00 Current Events	10:00 Current Events	10:30 Discussion Group: Al
11:00 Rosary – 3 rd Floor	10:30 Horseshoe Toss	10:30 Prayer Service with Bill	11:30 Men's Luncheon – 3 rd	10:30 Memory Trees	10:30 Mass – 3 rd Floor	About Otters
1:30 Nails/Sensory Visits	Afternoon Marietta the Dog Visit	1:30 Strength & Balance – GR	Floor Private Dining Room	1:30 Strength & Balance - GR	1:30 Trivia with Gene	1:30 Walking Club
2:00 Walking Club	1:30 Travel Talk: Transylvania	1:30 Trivia	1:15 Walking Club	2:15 Jack o' Lantern Bean Bag	2:00 Walking Club	2:00 Discussion Group: Out
2:30 October Birthday	3:00 Mass - 3 rd Floor	2:15 Painting Pumpkins	1:30 Memories in the Making - AS	Toss	2:30 Happy Hour – LB	Favorite Classical Music
Party – 3 rd Floor	3:30 Sensory Visits	3:15 Today in History	1:45 Geography Trivia	3:30 Today in History	6:00 Evening Movie	Songs
6:00 Evening Movie	6:00 Discussion Group: All	6:00 Nothin' but Nails	2:30 Rosary - 3rd Floor	6:00 Evening Entertainer:		3:00 Bingo
	About Apples		3:00 Mass - 3rd Floor	Dobie on Accordion – 3 rd Floor		6:00 Evening Movie
			3:45 Sensory Visits			
			6:00 Bingo			
27	28	29	30	31 Halloween		All Programs are in the Clare
9:30 Exercise	Morning Cooper the Dog Visit	9:30 Sm. Group Art Therapy - GR	9:30 Exercise	9:45 Trick or Treating with the		Suites Activity Lounge unless
10:00 Current Events	9:30 Exercise	9:45 Exercise	10:00 Current Events	Nurturing Nook – Lobby		otherwise stated.
10:30 Mass – 3 rd Floor	10:00 Current Events	10:00 Current Events	10:30 Balloon Volleyball	1:30 Walking Club		GR = Clare Suites Garden Ro
11:00 Rosary – 3 rd Floor	10:30 Word Games	10:30 Prayer Service with Bill	1:15 Walking Club	2:00 Magic of Brian Holt		CY = Courtyard AS = Art Studio – 3 rd Floor
1:30 Walking Club	Afternoon Marietta the Dog Visit	1:30 Strength & Balance – GR	1:30 Memories in the Making - AS	Presentation – 3 rd Floor		NR = Nature Room – 3 rd Floor
2:00 Nails/Sensory Visits	1:30 Travel Talk: Salem, MA	1:30 Trivia	1:45 Halloween Trivia	3:15 Communion Service – 3 rd		GS = Garden Suites - 1 st Floor
3:15 Discussion Group:	3:00 Mass - 3 rd Floor	2:15 Ghost Bowling	2:30 Rosary - 3rd Floor	Floor		St. Joachim Chapel – 3 rd Floor
Biography of Cary Grant	3:30 Sensory Visits	3:15 Today in History	3:00 Mass - 3rd Floor	6:00 Halloween Scattergories		
6:00 Evening Movie	6:00 Discussion Group:	6:00 Nothin' but Nails	3:45 Sensory Visits			***Daily calendars are
	Halloween Costumes		6:00 Bingo			subject to change***







Memories in the Making Watercolors

Every **Wednesday** from **1:30-2:30PM** in the Art Studio on 3rd Floor

Brain Fitness

Every **Tuesday** from **1:30-2:30PM** in the Nature Room on 3rd Floor

Decades Debrief

Friday, October 11 from 1:30-2:30PM in the Lobby

Music Therapy

Tuesday, October 15 from **9:30-10:30AM** on Clare Suites and **10:30-11:30AM** held in the Multi-Purpose Room on 3rd Floor

The scheduled events are subject to change.

For the most up to date, visit our family page at trinityseniorservices.org/family-resources



THESE EVENTS ARE A PART OF OUR EVERYDAY AMAZING PROGRAM



Everyday Amazing is a whole-person, evidence-based and research-driven approach to delivering exceptional memory care services. Across our continuum of care, we offer programming that is consistent, joy-filled, and meaningful, rooted in each person's individual needs and choices. Through our engaging environments, we create opportunities to participate in meaningful experiences that help build a sense of purpose and belonging no matter where one is in their life's journey.