



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

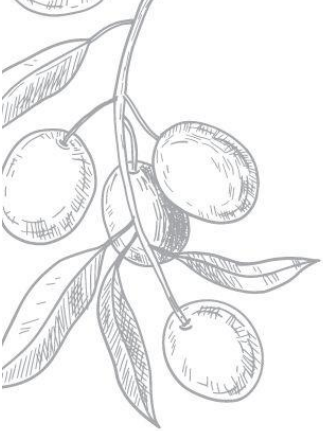
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

January 12th – January 18th

All meals are served with fruit



Cheese or Chicken Quesadilla

Melted cheese between two flour tortillas w salsa & Sour cream and tortilla Chips

Your Choice: Chips, Fries or Baked Beans

Tuna Salad Sandwich/Wrap/Bowl

Fresh made Tuna Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries or Baked Beans

Vegetarian Cobb Salad *Add Chicken

Hardboiled egg, avocado, blue cheese crumbles, grape tomatoes, and red onion served over romaine lettuce

Chicken Tenders (3)

Your Choice: Chips, Fries or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Deli Sandwich (Whole or Half)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries or Baked Beans

Pub Burger or Grilled Chicken on a Bun (Half or Whole)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

Grilled Cheese (Whole or Half)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)



Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Potato Leek

Monday: Cheesy Cauliflower

Tuesday: Chicken Dumpling

Wednesday: Loaded Baked Potato

Thursday: Hearty Chili

Friday: Cream of Tomato

Saturday: Stuffed Pepper



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Dinner Menu

January 12th – January 18th

All meals are served with vegetable of the day

Hashbrown Crusted Tilapia

Seasoned tilapia crusted with shredded hashbrowns, served with a lemon wedge

Beef Stew

Slow braised beef in a gravy with celery, carrots, and onions served over a biscuit

Fried Chicken

Crispy on the outside and juicy on the inside.

Side Choice: Baked, Sweet, Mashed or Baked Beans

Quiche of the Day

Side Choice: Small green salad

Grilled Chicken Breast

Your Choice: Fries, baked, Mashed or Baked Beans

Chicken Tenders (3)

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger or Grilled Chicken on a Bun (Half or Whole)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Fries, Baked, Mashed or Baked Beans

Grilled Cheese (Whole or Half)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

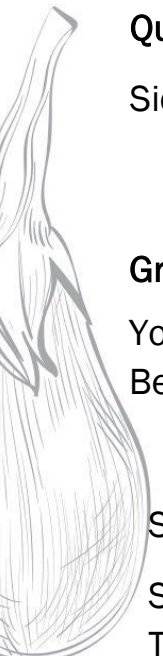
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily



Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

Sunday: Assorted Desserts

Monday: Peanut Butter Chocolate Silk Pie

Tuesday: Ice Cream Bars

Wednesday: German Chocolate Cake

Thursday: Blondie Brownie

Friday: Strawberry Rhubarb Pie

Saturday: Ice Cream Sundae



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