

# Brunch Menu

Sunday, January 12th, 2024

**BBQ Chicken** 

**Fried Catfish** 

**Baked Ham** 

Macaroni and Cheese

**Breakfast Sandwich** 

Vegetables of the Day

Pancakes, Hash Browns, Bacon, Sausage



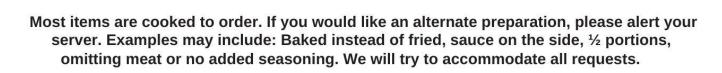
Butternut Squash Ravioli and Sage Egg Salad on Croissant





Tomatoes and eggs are provided by Clare Gardens, a sustainable farm project managed by Trinity Senior Services.







# Breakfast Menu





#### **MCH Breakfast Parfait**

A breakfast treat with layers of berries, granola, and Strawberry yogurt

# **Belgian Waffles**

A large waffle, plain or pecan.

#### **French Toast**

Miller Bakery egg bread, dipped in egg wash with vanilla and cinnamon, and fried.

#### **Buttermilk Pancakes**

2 large pancakes, plain, chocolate chip, pecan, or blueberry pancakes.

### 2 Egg Omelet

2 medium eggs, with your choice of fillings. Bacon, ham, onion, peppers, tomatoes, cheddar cheese and mushroom.

## **Eggs Your Way**

Fried, poached, sunny side up, or scrambled.

### **MCH Breakfast Sandwich**

Toasted English muffin, bacon, fried egg, and American cheese.





# Lunch Menu

January 15th - January 21st

All luncheon entrées are served with your choice of French Fries, Sweet Potato Fries, Chips, or Fresh Fruit



#### Ham and Swiss Croissant

Ham, Swiss cheese, lettuce, tomato with a side of honey mustard dressing.

#### **Deluxe Grilled Cheese**

1 slice cheddar, 1 slice provolone, 2 slices American cheese, 2 slices bacon and 2 slices of tomatoes on grilled sourdough bread.

# Grilled Bratwurst with Sauerkraut Beer braised bratwurst with sauerkraut.

### **Shrimp Pesto Pasta**

Bowtie pasta tossed with shrimp, pesto cream sauce, mushrooms and scallions, garnished with parmesan cheese.

Pizza of the Week: Pepperoni

# Couscous Salad (V, LS)

Israeli couscous tossed with chickpeas, feta cheese, cherry tomatoes, spinach, cucumber, butternut squash and smoked paprika vinaigrette.

#### MCH Chili

Hearty beef chili with beans. Served with cheese or onions upon request.

#### **MCH Omelet**

2-egg omelet filled with your choice of ham, bacon, diced onion, diced pepper, mushroom, tomato, and cheese.

# Sesame Crusted Tuna (GF, LS) Sesame crusted tuna with Asian coleslaw

# **Black Angus Burger**

1/3# Black Angus ground chuck grilled to perfection and topped with your choice. Some of the toppings are cheese, bacon, and raw onion, fried onion, lettuce, tomato, BBQ sauce, and mayo.





# Dinner Menu

# January 13th - January 17th

All entrees are served with a choice of sweet or baked potato, and vegetable du jour.

#### **Pork Tostada**

Slow braised pork shoulder and queso fresco cheese served on a crispy corn tortilla with refried beans.

#### Chicken Curry (V, GF)

Carrots, bell peppers, yellow potatoes and pea pods simmered in a mild yellow coconut curry sauce, served over rice.

## Teriyaki Glazed Tuna Fillet

Pan seared tuna fillet brushed with teriyaki glaze and sesame seeds.

## Mushroom and Swiss Bacon Burger

Grilled 1/3-pound burger patty with applewood smoked bacon pieces, topped with sautéed mushrooms and melted Swiss cheese.

# Tomato, Bacon and Avocado Chicken Breast (GF)

Bell and Evans sautéed chicken breast with tomato, bacon, avocado and Brie cheese.

#### **Grilled Sirloin**

Black Angus Sirloin steak served with onion rings and steak sauce.

#### Veal Schnitzel

Breaded veal served with pickled red cabbage.

Always Available: MCH Omelet, Angus Burger, Deluxe Grilled Cheese, Pizza.

V = Vegetarian, GF = Gluten Free, LS= Entrée and vegetable are less than 400mg of sodium.

