



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

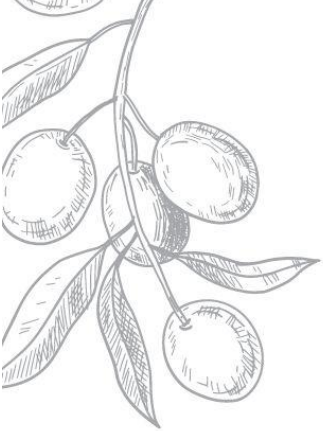
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

February 2nd – February 8th

All meals are served with fruit



Pizza of the Day w/ Breadstick

Ask staff for daily pizza offering

Your Choice: Chips, Fries, or Baked Beans

Chicken Salad Sandwich/Wrap/Bowl

Fresh made Chicken Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries, or Baked Beans

Seafood Pasta Salad over Fresh Greens

A light & refreshing pasta salad from the sea

Chicken Tenders (3)

Your Choice: Chips, Fries, or Baked Beans

Add: BBQ Sauce, Ranch, or your choice of Sauce

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries, or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries, or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Chips, Fries, or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Chicken Noodle

Monday: Hearty Chili

Tuesday: Beef Barley

Wednesday: Broccoli Cheddar

Thursday: Italian Wedding

Friday: Hearty Chili

Saturday: Potato Leek



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Dinner Menu

February 2nd – February 8th

All meals are served with vegetable of the day

Baked Chicken

Bone-in Chicken smothered in herbed chicken gravy

Your Choice: Baked, Sweet or Mashed Potatoes

Southern Style Shrimp & Grits

An iconic southern dish with creamy grits and a flavorful smothered shrimp

Vegetable Stir Fry with Vegetable Egg Roll *Add Chicken

Asian vegetables stir fried in a teriyaki sauce and served over white rice

Spinach and Cheese Ravioli

Ravioli stuffed with spinach & cheese and topped with marinara sauce w/Breadstick

Grilled Chicken Breast

Your Choice: Fries, baked, Mashed or Baked Beans

Chicken Tenders (3)

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Fries, Baked, Mashed or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

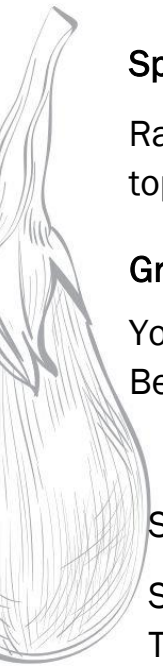
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily

Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

Sunday: Ice Cream Sundaes

Monday: Honey Pecan Bars

Tuesday: Strawberry Rhubarb Pie

Wednesday: Bread Pudding

Thursday: Peach Cobbler

Friday: Lemon Fruit Tart

Saturday: Raspberry Cheesecake



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