



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

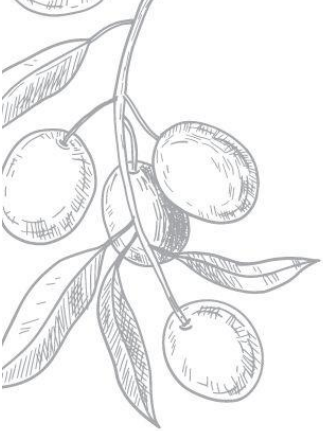
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

March 23rd – March 29th



Hot Meatball Sub

Meatball sub topped with marinara and melted mozzarella

Your Choice: Chips, Fries, or Baked Beans

Fish Fry

Beer-battered cod served with rye bread, potato pancake, slaw, and lemon wedge

Tuna Salad Sandwich/Wrap/Bowl

Fresh made Tuna Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries, or Baked Beans

Chef Salad with Dinner Roll

Ham, Turkey, Tomato, Cucumber, Cheese, Croutons served on a bed of romaine

Chicken Tenders (3)

Your Choice: Chips, Fries or Baked Beans

Add: BBQ Sauce, Ranch, or honey mustard

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries, or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries, or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Chips, Fries, or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Beverages



Hot Coffee or Tea (Regular or Decaf)

Juice (Apple, Orange, Cranberry, Prune)

Milk (Skim, 2%, Whole, Soy)

Other (Iced Sweet Tea, Lemonade, Water)

Soup of the Day

Sunday: Chicken Noodle

Monday: Cheesy Cauliflower

Tuesday: Beef Vegetable

Wednesday: Potato Leek

Thursday: Hearty Chili

Friday: Creamy Tomato

Saturday: Split Pea with Ham



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Dinner Menu

March 23rd – March 29th



Chicken Pot Pie

Chicken pot pie with peas, carrots, potatoes, and onions with flaky pie crust

Your Choice: Baked, Sweet or Mashed Potatoes

Garlic Crusted Salmon

Oven-baked salmon topped with a crisp garlic crust

Your Choice: Baked, Sweet, or Mashed Potatoes

Pork Tenderloin Medallions with Honey Mustard Glaze

Grilled tenderloin medallions served with honey mustard glaze

Your Choice: Baked, Sweet, or Mashed

Pasta Primavera *Add Chicken

Pasta served with zucchini, yellow squash, grape tomatoes, and peas tossed in a white wine sauce topped w/Parmesan

Chicken Tenders (3)

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Fries, Baked or Mashed Potatoes, or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily

Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o are always available

Sunday: Assorted Dessert

Monday: Apple Pie

Tuesday: Cheesecake

Wednesday: Pineapple Upside Down Cake

Thursday: Banana Bread

Friday: Lemon Bars

Saturday: Strawberry Sunday



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