



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

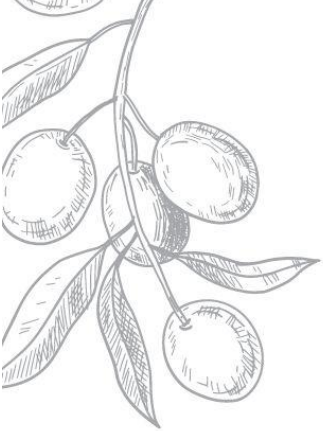
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

March 9th – March 15th



Turkey Club Sandwich/Wrap

Sliced turkey, ham, bacon, lettuce & tomato served on bread of your choice

Your Choice: Chips, Fries, or Baked Beans

Tuna Salad or Tuna Melt Sandwich

Your choice of either homemade Tuna Salad or Tuna Melt on your choice of bread

Your Choice: Chips, Fries, or Baked Beans

Mandarin Orange Chicken Salad

A fresh & lite spin on the classic Orange Chicken

Chicken Tenders (3)

Your Choice: Chips, Fries or Baked Beans

Add: BBQ Sauce, Ranch, or your choice of Sauce

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries, or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries, or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Chips, Fries, or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

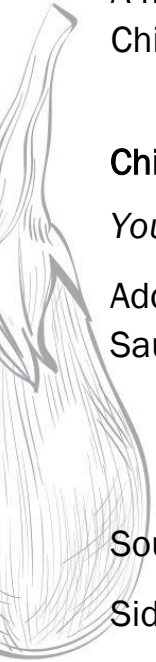
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Chicken Noodle

Monday: Cheesy Cauliflower

Tuesday: Hearty Chili

Wednesday: Butternut Squash Soup

Thursday: Split Pea with Ham

Friday: Lentil Veggie

Saturday: Italian Wedding Soup



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Dinner Menu

March 9th – March 15th

Grilled Ham Steak w/ Mac & Cheese

Ham Steak w pineapple and creamy Mac & Cheese

Meatloaf with Gravy

Homemade meatloaf served with gravy

Your Choice: Baked, Sweet, or Mashed Potatoes

Turkey Tetrazzini

Diced turkey tossed in a cream sauce with peas, carrots, and mushrooms and served over pasta

Your Choice: Baked, Sweet, or Mashed Potatoes

Roasted Vegetable Baked Ziti

Traditional Ziti freshened up w/ Roasted Veggies (zucchini, yellow squash, and onions) in a marinara sauce

Chicken Tenders (3)

Your Choice: Fries, Baked or Mashed Potatoes, or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger, Grilled Chicken, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries, or Baked Beans

Grilled Hot Dog on a Bun

Your Choice: Fries, Baked or Mashed Potatoes, or Baked Beans

Grilled Cheese (Half or Whole Sandwich)

Add: Tomato, Onion, Avocado and/or Bacon

Your Choice: Chips, Fries, or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

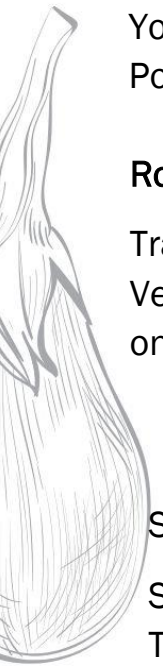
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily

Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

Sunday: Root Beer Floats

Monday: Banana Bread

Tuesday: Assorted Desserts

Wednesday: Ice Cream Bars

Thursday: Cherry Pie

Friday: Carrot Cake

Saturday: Pretzel Torte



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