Remembering April Events



Celebrating Our SSND Jubilarians!

60 years

- S. Phyllis Marie Grzeczka
- S. Karen Moore
- S. Joan Penzenstadler

70 years

- S. Patricia Caswell
- S. Angelee Fuchs
- S. Ellen Jean Klein

70 years (cont.)

S. Kieran Sawyer

S. Elise Zettel

S. Helen Settersten

S. Nancy Carol Traeger

- S. Marie André Miszewski
- S. Marie Thérèse Nowakowski
 S. Margaret Mary Dohms
- S. Roger Marie Postl
 S. Roger Marie Postl
 - S. Anne Arthur Klinker
 - S. Mariel Kreuziger
 - S. Jane Resop

75 years

S. John Ann Zettelmaier



Happy Easter season! There is a lot to look forward to this month, and all summer long. It's finally time to re-introduce some outdoor activities that we enjoyed last year, and we'll give you lots of opportunities to explore places in the community this month. Also enjoy a number of educational talks, fun parties, and excellent music throughout May. Get ready for a busy spring and summer!

Please note that dates, times and rooms for all Life Engagement programs are subject to change and in a worst-case scenario, canceled. Daily updates can be viewed on the TV information screen in the lobby or on your television set on channel 965. Please reach out to Laura or Anna at ext. 6005 with any questions. If you have an activity or event that you want highlighted in the June newsletter, the submission deadline is Tuesday, May 20th. Please send all information to lbarker@trinityseniorservices.org.

Sunday Movie Matinees: 2:00pm / Theater

Theme: Musical Madness

Sunday, May 4th: Singin' in the Rain (1952)

Musical 1hr 43m Rated G

Starring: Gene Kelly, Debbie Reynolds

A silent film star falls for a chorus girl just as he and his delusionally jealous screen partner are trying to make the difficult transition to taking pictures in 1920s Hollywood.

<u>Sunday, May 11th:</u> No movie

Piano concert in chapel at 2:30pm

Sunday, May 18th: *Annie* (1982)

Musical / Coming of Age 2hr 7m Rated PG Starring: Aileen Quinn, Ray Stark, Albert Finney A spunky young orphan is taken in by eccentric billionaire Oliver Warbucks, much to the chagrin of the cantankerous woman who runs the orphanage.

Sunday, May 25th: The Greatest Showman (2017)

Biographical Musical 1hr 53m Rated PG Starring: Hugh Jackman, Michelle Williams,

Zac Efron, Zendaya Coleman

Inspired by the ambition and imagination of P.T. Barnum, this film tells the story of a visionary who rose from nothing to create a mesmerizing spectacle that became a worldwide sensation.



Monday Night Movies: 6:30pm / Theater



Monday, May 5th: No movie

June Cleaver presentation in chapel at 6:30pm

Monday, May 12th: Stepmom (1998)

Comedy / Drama 2hr 5m Rated PG-13 Starring: Julia Roberts, Susan Sarandon, Ed Harris From unexpected twists to emotional highs and lows, this movie explores the complex dynamics between a divorced couple, their children and a new stepmother, while the family faces a life-altering illness.

Monday, May 19th: Conclave (2024)

Mystery/Suspense 2hr 1m Rated PG Starring: Ralph Fiennes, Stanley Tucci, John Lithgow When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the center of a web of conspiracies and intrigue that could shake the very foundation of the Catholic Church.

Monday, May 26th: Taking Chance (2009)

Drama / War 1hr 17m Rated PG

Starring: Kevin Bacon, Tom Aldredge, Nicholas Art Based on real-life events, Lt. Col. Michael Strobl, a volunteer military escort officer, accompanies the body of 19-year-old Marine Chance Phelps back to his hometown of Dubois, Wyoming.

Please sign up for any or all of these activities in the binder located on the counter near the first floor mailboxes. One name per line please - for married couples, please sign up on separate lines. If your schedule changes and you are unable to attend, please cross your name off the list or call Laura or Anna at ext. 6005 so that your spot can be opened up for another resident.

Please note: If you cancel an outing that requires tickets you may still be charged for the event.

Wellness Clinic: Thursdays, May 1st & 15th | 9:30am - 10:30am | Exam Rooms | Ground Floor

The nurses are happy to check your blood pressure, weight, and answer your general health questions.

Book Nook: Thursdays, May 1st & 15th | 9:30am | Lower Lobby

Book Nook is a fun opportunity to read aloud to one of the daycare children. Both the readers and the children enjoy this special time. If you have questions, please reach out to S. Mary Alyce at ext. 5202.

MMU Student Art Therapy: Thursdays, May 1st & 8th | 1:30pm | Art Room

It's not too late to join the <u>last two sessions</u> of this class! A group of enthusiastic students from Mount Mary will lead you in a new project each week. Sign up for your preferred date(s) in the activities binder.

Creative Crafting: Saturday, May 3rd at 2:00pm | Art Room | Jodi Brown

Add a pop of color to your space with Fiesta paper rosettes in celebration of Cinco de Mayo! These bright, cheerful decorations are easy to make and full of festive flair. Create a single rosette to hang or craft several to string together as a vibrant garland. It's a fun and creative way to honor the spirit of the holiday — no experience needed, just bring your love of crafting and color!

Sandwich Making: Monday, May 12th | 10:00am | Main Dining Room

Continuing the work that we began in Lent, we will make 100 PB&J sandwiches this month to donate to <u>StreetLife Communities</u>, a local organization that sends out teams of volunteers and medical professionals to the streets of Milwaukee to provide food, hygiene supplies, medical care, and kindness to the homeless, several times each week. Sign up for this service opportunity to help those in need.

You Too Can Write a Poem - Part 2: Wednesday, May 14th | 1:00pm | MKE Room | Led by Barbara Holt By the end of this one-and-a-quarter hour class you will have composed a poem with no rhyming requi

By the end of this one-and-a-quarter hour class you will have composed a poem with no rhyming required. Barbara will then type and print out your completed poem for you. Cookies and beverages provided. Note that this class will be distinct from the previous poetry class that Barbara offered.

HEAR WI Mobile Audiology Clinic: Tuesday, May 20th | 9:00am - 3:30pm | Burleigh Street Parking Lot

This state-of-the-art mobile clinic is supervised by a team of audiologists and comes to Trinity Woods on the third Tuesday of every month. They provide free hearing screenings, check and clean your hearing aids to make sure they are functioning properly, and provide information about how to obtain assistive hearing devices for personal use through the State of Wisconsin's TEPP program.

Please call with any questions or to schedule an appointment at 414-973-1076.

Watercolor Classes: Thursdays, May 22nd & 29th | 10:00am | Art Room | Led by S. Karen Walther

All are welcome to attend these stand-alone classes. Come to one or both. You will learn the necessary techniques needed to create your own masterpiece.

Contemplative Art: Saturday, May 24th | 9:30am - 11:30am | Art Room

As we are remembering the past on Memorial Day, let's also contemplate the dreams and hopes we have for the future. In this month's class we will be creating Vision Boards, also known as Dream Boards. Creating such a board will assist you in planning for the future as well as inspire and motivate you to take action. Combining focused attention with art-making provides a powerful catalyst for personal growth.

Men's Breakfast: Wednesday, May 28th | 8:00am | Dining Room

This early-morning get-together is always popular with the fellas. All are welcome. Your administrator, Tom Schulz, will serve breakfast and chat with you while you eat.

Resident May Birthdays



S. Phyllis Marie Grzeczka - 5/1

Ellen Salter - 5/3

S. Patty Rass - 5/6

Carol Polzyn - 5/8

Nancy Traeger - 5/13

George Schwei - 5/15

S. Joan Marie Van Beek - 5/17

Carol Lesch - 5/21 Cora Jean Perez - 5/22 S. Susan Adrians - 5/24

S. Susan Hetebrueg - 5/25 Verdis Brown - 5/28

Dorthy Gerczak - 5/29

S. Mary Gemma Therese Harvey - 5/30



Green Writing Advocates

Wednesday, May 28th | 10:30am | Club Trio

As rain-soaked, windswept, over-heated, burnt, polluted planetary citizens, we know that coal, the highest producer of global greenhouse gas emissions, is not good for us. Let's sign some letters promoting healthy air.

<u>If you can, please bring 4 stamps with you to support their efforts.</u> Otherwise they have stamps that you can use.

Library News and Notes:

New Donated Books Added to the Library for the Month of May:

<u>God Help the Child</u> by Toni Morrison (LP): This fiery and provocative novel from the acclaimed Nobel Prize winner weaves a tale about the way the sufferings of childhood can shape, and misshape, the life of the adult. Racial prejudice and family rejection inflicted scars on Bride, a young child with stunning blue-black skin. As an adult, these early wounds affect her relationships and successes, as she attempts to heal from the past.

<u>The Round House</u> by Louise Erdrich (LP): From one of the most revered novelists of our time, an exquisitely told story of a boy on the cusp of manhood who seeks justice and understanding in the wake of a terrible crime that upends and forever transforms his family. The novel won the 2019 National Book Award for Fiction.

<u>The Overstory</u> by Richard Powers (RP): This impassioned novel unfolds in concentric rings of interlocking fables that range from antebellum New York to the late twentieth-century Timber Wars of the Pacific Northwest and beyond. As the stories unfold, the lives of nine characters become intertwined with those of trees, inspiring the reader with the importance of protecting our forests.

<u>In Search of Belief</u> by S. Joan Chittister (RP): Contemporary political venues have put religious belief at the forefront of our thinking. Yet, we live in a world where religion has become a tool people can use to their advantage rather than a means of growing closer to God. Sister Joan Chittister challenges readers to reflect upon whether they truly live what they say they believe or whether they have created their own images of God to suit whatever is convenient for them.

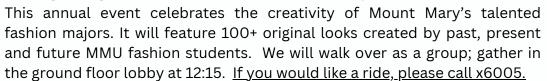
Bus Outings in May...

Milwaukee Symphony Orchestra Friday, May 9th | Bus departs at 10:00am

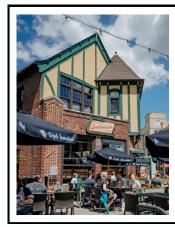
Musical pictures abound in this imaginative program, led by Music Director Ken-David Masur, which begins with Rossini's galloping William Tell overture and Richard Strauss's tone poem delighting in the pranks of a jokester named Till Eulenspiegel. An ácana is a distinctive Cuban tree revered for its strength, which composer Tania León brings to life with color, texture, and percussion; León's rainforest is an effervescent introduction to Resphigi's stately yet evocative Pines of Rome.

If you do not have a ticket, but would like to attend, please call x6005.

Annual Fashion Show at Mt. Mary University - *Urban Oasis* Friday, May 9th | Walk from TW at 12:15pm | Tickets are \$15







Lunch Bunch - Buckatabon Friday, May 16th | Bus departs at 11:15am

In the heart of the Wauwatosa village, Buckatabon serves up a modern take on a quintessential Wisconsin institution—the Supper Club—featuring a from-scratch menu that focuses on local, Wisconsin ingredients and purveyors. Classic Friday Fish Fry? Check. "World Famous" Prime Rib? Yep. Incredible weekend brunch? Indeed. Of course, they also offer Old Fashioneds made with local brandy, as well as craft cocktails, specialty beers, signature ice cream drinks, and more.

Ten Chimneys Tour & Lunch | Thursday, June 12th

Sign up by Wednesday, May 28th to secure your spot

Bus departs at 9:15am | \$28 ticket for Tour, plus cost of lunch

You won't want to miss this bus outing to Ten Chimneys, the historic estate of Broadway legends Alfred Lunt and Lynn Fontanne! After our tour of the main house, which requires minimal walking and will be led by author Mary Ann Noe, we will stop at the local Cornerstone Restaurant, which is known for their creative and flavorful menu offerings. Mary Ann will join us for lunch, and can answer any questions you may have about the estate!



Recurring Programs!

Book Club: Thursday, May 1st | 2:00pm | Club Trio

Everyone is welcome to join in the book discussion. New titles will be handed out for next month.

Writer's Group: Monday, May 5th | 9:30am - 11:30am | Club Trio

This is a safe space for you to practice and share your writing with others. You can hone your own projects or writing prompts will be given to you to spark your creativity. All are welcome.

No sign up is required.

Koffee Klatch: Saturday, May 10th | 9:30am | Club Trio

Join your neighbors over a warm cup of coffee and good conversation. It's a great way to begin your Saturday morning. We look forward to seeing you there.

Art Therapy with Becky: Fridays, May 2nd, 9th, 16th, & 30th | 1:30pm | Art Room

Our Art Therapist, Becky, will offer a variety of projects this month. You can preview the project in the Activity Binder. Everyone is welcome to join in. No sign up is required.

Mahjong: Tuesdays, Fridays, and Sundays | 2:00pm | Club Trio

The TW Mahjong players welcome beginners to join them on <u>Tuesdays</u>. They will have a separate table where you can learn the basics of the game.

Mexican Train Dominoes: Wednesdays | 7:00 pm | Art Room

Join this new group in playing a popular domino game that combines tile-matching, strategy, and competition. All are welcome, even if you have never played before.

Outdoor Walking and Outdoor Games: Weather-permitting, we will have outdoor walking on Tuesdays @ 10:30am; meet in the first-floor lobby. Outdoor games will take place on Thursdays @ 2:00pm in the Sophia Courtyard. See the marquee for daily weather-related updates.

May Spiritual Opportunities

all taking place in the chapel

Monthly Reflection: Sunday, May 4th 10:00am | Topic: *Blessings Galore*

Peace Prayer: Tuesday, May 6th 2:45pm

Anointing of the Sick: Monday, May 12th | 4:00pm | All residents welcome

Save the date: Next Spirit Series - Sunday, June 8th | 6:00 pm





May Shopping Outings!

Tuesday, May 6th: **Walgreens** leave at 9:00am (2275 N Mayfair Rd. Wauwatosa)

Wednesday, May 7th: **Walmart** leave at 1:30pm (15205 W Greenfield Ave. New Berlin)

Wednesday, May 14th: **Aldi & Dollar Tree** leave at 1:30pm (12114 W Burleigh St. Wauwatosa)

Tuesday, May 20th: Kohl's & Pick 'n Save leave at 1:30pm (2665 S 108th St. West Allis)

Wednesday, May 28th: **Piggly Wiggly & Target** leave at 1:30pm (10282 W National Ave. West Allis)

Please sign up for all shopping outings in the binder on the oval counter near the mailboxes.

May Events at Trinity Woods



Cinco de Mayo Party | Monday, May 5th | 4:00pm | Club Trio

Did you know that Cinco de Mayo commemorates the victory of the Mexican army over France at the battle of Puebla in 1862? To celebrate, we'll serve up frozen margaritas, chips & salsa, and other Mexican-inspired snacks. Take a whack at our piñata, wear a sombrero, and join in the fun.

June Cleaver as Portrayed by Actress and Storyteller Michelle Gibbons Monday, May 5th | 6:30pm | Chapel

Celebrate Mother's Day by stepping into the enchanting world of nostalgia as we welcome a beloved television icon, June Cleaver. She's not just an ordinary visitor - she's arriving in all her pearls, an impeccable dress, and those signature heels. She will regale us with stories of her heartwarming role as a mother to Beaver and Wally. In a journey through time, June will also shed light on the powerful and influential mothers who have left their indelible mark on history.

Gallery Night | Wednesday, May 7th | 6:30pm | Ground Floor

For our next art gallery installation, we will feature the work of resident artist Debbie Shore. Join us on Wednesday for an opening reception. Hear the artist speak about her work, tour the gallery, and sample the open bar.





Mother's Day Ladies' Tea | Thursday, May 8th 2:30pm | Club Trio

Start Mother's Day weekend off on a sweet note by joining us for an extra-special Ladies' tea party! We will offer a variety of teas, sweet treats, fruit, and heavy appetizers. All mothers and spiritual mothers of Trinity Woods are welcome to attend.

Frederick Moyer - Piano Recital | Sunday, May 11th | 2:30pm | Chapel

Invite your daughters, granddaughters, and friends to Trinity Woods for this very special Mothers' Day concert!

You don't need to go to the symphony to hear world-class music. In fact, you don't even need to leave the building! Pianist Frederick Moyer has performed with numerous world-renowned orchestras. Equally at home with Bach, Rachmaninoff, and Gershwin, his recitals are creative, engaging and entertaining and generally include time-honored favorites as well as pieces that audiences may be hearing for the first time. His delightful commentary from



the stage brings the audience into the heart of the musical experience. Also featured is his MoyerCam, a projection system that allows the audience to see his hands as he plays.

This concert is one that you surely will not want to miss!

Putting Scammers Out of Business, One Educated Consumer at a Time Tuesday, May 13th | 6:30pm | Chapel

Consumers lose more than \$9 billion each year to fraud. One key defense against scammers is simple consumer education. Using a mixture of stories and protection techniques, Ben Merens from the Wisconsin Bureau of Consumer Protection will discuss the details of common scams, the warning signs of a scam, and what to do if you or someone you know falls victim to a scam or fraud. As Wisconsin's lead agency for consumer protection, the Bureau of Consumer Protection provides information and education, mediates complaints, investigates cases, and takes enforcement actions to fight fraudulent and deceptive practices that harm consumers and honest businesses.



S. MacCanon Brown, guest of Trinity Woods Shalom Catalysts MACCANON BROWN MELESS SANCTUARY, INC. Thursday, May 15th | 10:30am | Chapel



The MacCanon Brown Homeless Sanctuary is well-known in the Milwaukee area for providing a loving shelter and resource center for homeless and at-risk members of our community. Come learn about their incredible work and mission from S. MacCanon Brown herself, who founded the sanctuary with a group of friends in 2013. S. MacCanon Brown fundamentally believes that "there are no throwaway people".

Artificial Intelligence Talk with Dr. Dennis Roscoe Monday, May 19th | 1:00pm | Chapel

The use of Artificial Intelligence (AI) continues to dominate the news, and it is advertised as being integrated into many of our consumer products such as household appliances, automobiles, and smartphones. It is also assisting doctors in making medical diagnoses and analyzing the stock market. What future role will AI play in our lives, and is it a potential threat to humanity?



Clare Garden Seedling Sale | Wednesday, May 21st 10:00am - 1:00pm | Ground Floor

Spring is in the air, and it's time to get your garden growing! Join us for the Clare Gardens Seedling Sale, where you'll find a wonderful selection of vegetables, flowers, herbs, peppers, and tomatoes—all tried and true for our growing climate. These same varieties are grown at Clare Gardens, so you can be confident they'll thrive in your own garden.

Checkmate Quartet | Wednesday, May 28th 6:30pm | Chapel

Enjoy an engaging evening of classical and contemporary barbershop quartet music! The champion *Checkmate Quartet* was established in 1995 in Southeast Wisconsin, and this group of vocalists has been entertaining audiences ever since. You are sure to be impressed with their harmonies, range, and style.

