



Lunch Menu

August 3rd – August 9th



Roasted Veggie Wrap w/Pesto Mayo

***Add sliced deli turkey**

Feta, baby spinach, roasted sweet peppers, zucchini, & mushrooms wrapped in spinach tortilla w/pesto mayo

Your Choice: Chips, Fries, or Baked Beans

Chicken Salad Sandwich/Wrap/Bowl

Fresh made Chicken Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries, or Baked Beans

Taco Salad - Ground Beef or Grilled Chicken

Romaine lettuce topped with your choice of meat, pico de gallo, black beans, cheddar jack cheese, cilantro, sour cream, mild salsa, & lime wedge

Your Choice: Side of Tortilla Chips

Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)



Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)



Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Chicken Noodle

Monday: Broccoli Cheddar

Tuesday: White Chicken Chili

Wednesday: Potato Leek

Thursday: Italian Wedding

Friday: Lentil Veggie

Saturday: Split Pea with Ham



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, $\frac{1}{2}$ portions, omitting meat or no added seasoning. We will try to accommodate all requests.