



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

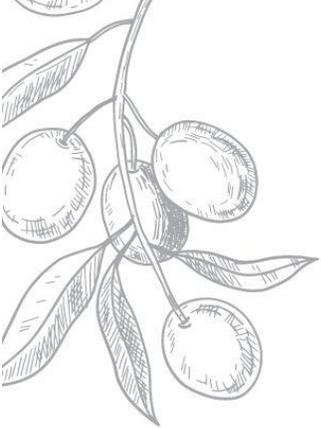
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

December 14th – December 20th



Harvest Quiche

Roasted sweet potatoes, goat cheese, and fresh rosemary in an egg custard

Your Choice: Side Salad

Chicken Salad Sandwich/Wrap/Bowl

Fresh made Chicken Salad w/ Lettuce & Tomato

Your Choice: Chips, Fries, or Baked Beans

Cranberry-Apple Salad ***Add Chicken**

Diced apples, dried cranberries, goat cheese, and chopped pecans served over greens with homemade apple cider vinaigrette

Your Choice: Dinner roll

Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

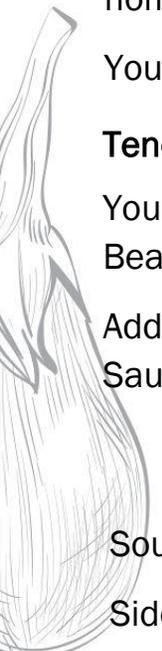
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)



Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Chicken Noodle

Monday: Tuscan White Bean Soup

Tuesday: Vegetable Beef Barley

Wednesday: Broccoli Cheddar

Thursday: Hearty Chili

Friday: Lentil Veggie

Saturday: Tomato Bisque



**Soup croutons & shredded cheese topping
available upon request**

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Dinner Menu

December 14th – December 20th



Turkey Dinner

Roasted turkey breast with homestyle gravy, cornbread stuffing, cranberry sauce, and vegetable of the day

Your Choice: Baked, Sweet or Mashed Potatoes

Chicken Pesto Pasta

Diced chicken tossed with penne pasta in a creamy pesto sauce with sundried tomatoes, garnished w/Parmesan

Your Choice: Garlic Breadstick

Vegetable Stir Fry with Vegetable Egg Roll

***Add Chicken or Shrimp**

Sweet bell peppers, broccoli, mushrooms, and sliced zucchini stir fried with Asian-style sauce, served over white rice with a vegetable egg roll

Spinach and Cheese Ravioli (5)

Raviolis stuffed with spinach & cheese and topped with marinara and parmesan

Your Choice: Garlic Breadstick

Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

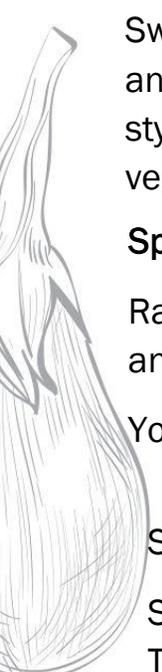
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily

Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

Sunday: Ice Cream Sundaes

Monday: Apple Crisp with Whipped Cream

Tuesday: Strawberry Rhubarb Pie

Wednesday: Bread Pudding

Thursday: Honey Pecan Bars

Friday: Dutch Apple Pie ala Mode

Saturday: Pumpkin Cheesecake



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