



# Breakfast Menu



## **All American Breakfast**

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

## **Breakfast Sandwich**

A fried egg w/ American Cheese

Meat: Bacon or Sausage

Your Choice: English Muffin, Croissant, or Bagel

## **Two Egg Omelet**

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper  
Toast: white, wheat, cinnamon raisin, rye, english muffin

## **Avocado Toast**

Toast topped w/ avocado, tomato & poached egg  
Toast: white, wheat, cinnamon raisin, rye, english muffin

## **Buttermilk Pancake**

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

## **Belgian Waffle**

A light & crisp waffle

Add: maple syrup or strawberry topping

## **French Toast**

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

## **A La Carte**

### **Hash Browns**

### **Cold Cereal**

Cheerios, Honey Nut  
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

### **Oatmeal**

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait  
Yogurt (Activa, Yoplait or Greek)  
Stewed Prunes**

## **Beverages**

### **Hot Coffee or Tea**

Regular or Decaf

### **Water**

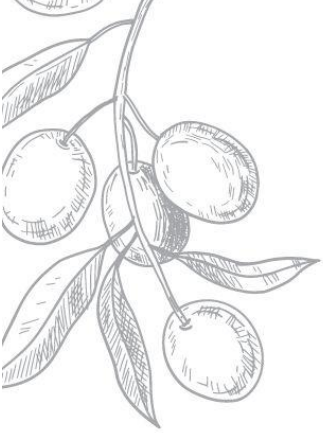
### **Milk**

Skim, 2%, Whole, Soy

### **Juice**

Apple, Orange, Cranberry, Prune





## Hot Cereal of the Day

**Sunday:** Oatmeal

**Monday:** Oatmeal

**Tuesday:** Oatmeal

**Wednesday:** Oatmeal

**Thursday:** Oatmeal

**Friday:** Oatmeal

**Saturday:** Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



# Lunch Menu

April 5<sup>th</sup> – April 11<sup>th</sup>



## French Onion Meatball Sub

Meatballs topped with caramelized onions and melted Gruyere cheese, served in a hoagie roll

Your Choice: Chips, Fries, or Baked Beans

## Chicken Salad Sandwich/Wrap/Bowl

Fresh made chicken salad served w/ lettuce & tomatoes

Your Choice: Chips, Fries, or Baked Beans

## Greek Chickpea Salad \*Add Chicken

Chickpeas, sweet yellow peppers, red onion, cucumber, feta, tomatoes, and olives tossed in a homemade creamy yogurt-dill sauce, served over greens

Your Choice: Dinner Roll

## Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

## Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

## Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

## Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

## A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

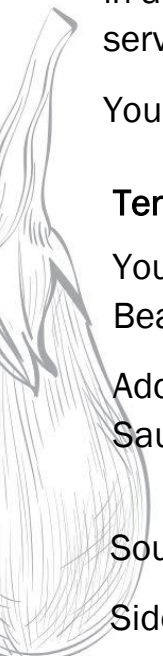
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





## Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

## Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

## Soup of the Day

**Sunday:** Chicken Noodle

**Monday:** Lentil Veggie

**Tuesday:** Tomato Bisque

**Wednesday:** Broccoli Cheddar

**Thursday:** Tuscan White Bean

**Friday:** Potato Leek

**Saturday:** Split Pea with Ham



***\*Soup croutons & shredded cheese topping  
available upon request\****

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# Dinner Menu

April 5<sup>th</sup> – April 11<sup>th</sup>



## Sheet Pan Salmon & Asparagus

Salmon and asparagus baked on a sheet tray, prepared with a housemade lemon-garlic-herb butter

Side Choice: Baked, Sweet, or Mashed Potatoes

## Creamy Tuscan Chicken

Seared chicken breast cooked in a creamy Tuscan sauce with cherry tomatoes, spinach, and garlic

Side Choice: Baked, Sweet, or Mashed Potatoes

## Spaghetti & Meatballs

Spaghetti and meatballs with marinara sauce, garnished with fresh basil & parmesan cheese

Side Choice: Garlic Breadstick

## Spring Pasta w/Peas & Pesto \*Add Chicken

Short-cut pasta tossed with peas and parmesan in a lemony-pesto sauce, garnished with fresh basil

Your Choice: Garlic Breadstick

## Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

## Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

## Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

## A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

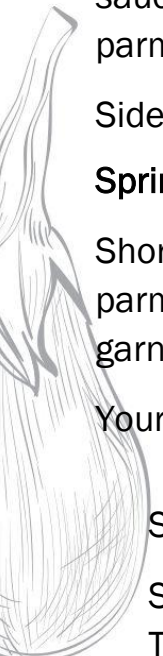
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





# Vegetable of the Day

Chef's choice vegetable to change daily

## Beverages

**Hot Coffee or Tea** (Regular or Decaf)

**Milk** (Skim, 2%, Whole, Soy)

**Juice** (Apple, Orange, Cranberry, Prune)

**Other** (Iced Sweet Tea, Lemonade, Water)

## Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

**Sunday:** Lemon Meringue Pie w/Whipped Cream

**Monday:** Banana Pudding w/ Nilla Wafers

**Tuesday:** Chocolate Cake w/ Strawberries & Whipped Cream

**Wednesday:** Apple Crisp w/Whipped Cream

**Thursday:** Carrot Cake w/Cream Cheese Frosting

**Friday:** Assorted Dessert

**Saturday:** Hot Fudge Sundae



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