



Breakfast Menu



All American Breakfast

Two Eggs: scrambled, over-easy, over-hard, poached

Toast: white, wheat, cinnamon raisin, rye, english muffin

Meat: Bacon or Sausage

Breakfast Sandwich

A fried egg w/ American Cheese

Meat: Bacon or Sausage
Your Choice: English Muffin, Croissant, or Bagel

Two Egg Omelet

Your Choice: cheese, ham, tomato, onion, mushroom, green pepper
Toast: white, wheat, cinnamon raisin, rye, english muffin

Avocado Toast

Toast topped w/ avocado, tomato & poached egg
Toast: white, wheat, cinnamon raisin, rye, english muffin

Buttermilk Pancake

Add: Blueberries or Chocolate Chips

Add: maple syrup or strawberry topping

Belgian Waffle

A light & crisp waffle

Add: maple syrup or strawberry topping

French Toast

Brioche bread grilled golden brown

Add: maple syrup or strawberry topping

A La Carte

Hash Browns

Cold Cereal

Cheerios, Honey Nut
Cheerios, Corn Flakes, Frosted Flakes, Raisin Bran

Oatmeal

brown sugar and/or raisins

**Fresh or Canned Fruit Parfait
Yogurt (Activa, Yoplait or Greek)
Stewed Prunes**

Beverages

Hot Coffee or Tea

Regular or Decaf

Water

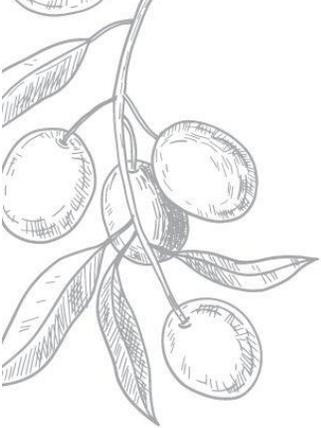
Milk

Skim, 2%, Whole, Soy

Juice

Apple, Orange, Cranberry, Prune





Hot Cereal of the Day

Sunday: Oatmeal

Monday: Oatmeal

Tuesday: Oatmeal

Wednesday: Oatmeal

Thursday: Oatmeal

Friday: Oatmeal

Saturday: Oatmeal



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Lunch Menu

February 22nd – February 28th



French Onion Meatball Sub

Meatballs topped with caramelized onions and melted Gruyere cheese, served in a hoagie roll

Your Choice: Chips, Fries, or Baked Beans

Chicken Salad Sandwich/Wrap/Bowl

Fresh made chicken salad served w/ lettuce & tomatoes

Your Choice: Chips, Fries, or Baked Beans

Greek Chickpea Salad *Add Chicken

Chickpeas, sweet yellow peppers, red onion, cucumber, feta, tomatoes, and olives tossed in a homemade creamy yogurt-dill sauce, served over greens

Your Choice: Dinner Roll

Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

Deli Sandwich (Half or Whole Sandwich)

Your Choice: Ham, Turkey, Bacon, Egg Salad or PB&J

Bread: White, Wheat, Rye or Croissant Grilled or Toasted

Add: Lettuce, Tomato, Onion, Avocado and/or Cheese

Your Choice: Chips, Fries, or Baked Beans

Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French,

Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

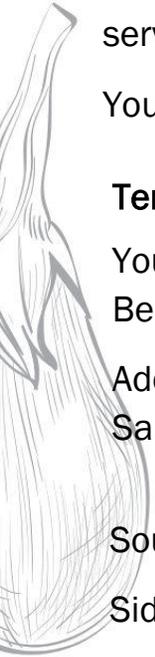
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





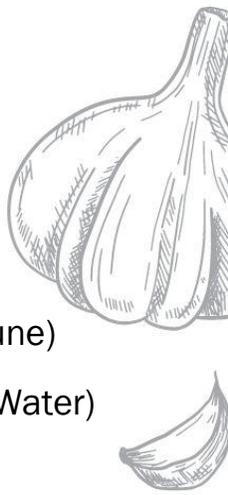
Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)



Dessert

Ice Cream, Sherbet, Italian Ice, Jell-O, Pudding

Soup of the Day

Sunday: Chicken Noodle

Monday: Lentil Veggie

Tuesday: Tomato Bisque

Wednesday: Broccoli Cheddar

Thursday: Tuscan White Bean

Friday: Potato Leek

Saturday: Split Pea with Ham



****Soup croutons & shredded cheese topping
available upon request****

Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.



Dinner Menu

February 22nd – February 28th

Sheet Pan Salmon & Asparagus

Salmon and asparagus baked on a sheet tray, prepared with a housemade lemon-garlic-herb butter

Side Choice: Baked, Sweet, or Mashed Potatoes

Creamy Tuscan Chicken

Seared chicken breast cooked in a creamy Tuscan sauce with cherry tomatoes, spinach, and garlic

Side Choice: Baked, Sweet, or Mashed Potatoes

Spaghetti & Meatballs

Spaghetti and meatballs with marinara sauce, garnished with fresh basil & parmesan cheese

Side Choice: Garlic Breadstick

Spring Pasta w/Peas & Pesto *Add Chicken

Short-cut pasta tossed with peas and parmesan in a lemony-pesto sauce, garnished with fresh basil

Your Choice: Garlic Breadstick

Build-Your-Own Entrée-Sized Salad

Lettuce with your choice of: mushrooms, onions, tomatoes, peppers, avocado, walnuts, hardboiled egg, grilled chicken, or shredded cheese

Dressings: Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette

Tenders (3) or Grilled Hot Dog

Your Choice: Fries, Baked, Mashed or Baked Beans

Add: BBQ Sauce, Ranch or your choice of Sauce

Pub Burger, Grilled Chicken, Grilled Cheese, or Breaded Cod on a Bun (Half or Whole Sandwich)

Add: Cheese, Lettuce, Tomato, Onion and/or Bacon

Sub: Turkey Burger or Vegetarian Burger

Your Choice: Chips, Fries or Baked Beans

A La Carte

Soup of the Day

Side Salad (Ranch, French, Thousand Island, Balsamic, Raspberry Vinaigrette)

Applesauce or canned fruit

Cottage Cheese

Cheese & Crackers

Coleslaw

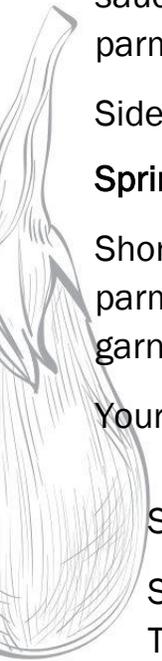
Mashed Potatoes

Fruit Parfait

Yogurt (Activia, Yoplait, or Greek)

Hard Boiled Egg

Omelet (Cheese, Ham, Mushrooms, Onion, Tomato, Peppers)





Vegetable of the Day

Chef's choice vegetable to change daily

Beverages

Hot Coffee or Tea (Regular or Decaf)

Milk (Skim, 2%, Whole, Soy)

Juice (Apple, Orange, Cranberry, Prune)

Other (Iced Sweet Tea, Lemonade, Water)

Dessert of the Day

Ice Cream, Sherbert, Pudding, and Jell-o always available

Sunday: Lemon Meringue Pie w/Whipped Cream

Monday: Banana Pudding w/ Nilla Wafers

Tuesday: Chocolate Cake w/ Strawberries & Whipped Cream

Wednesday: Apple Crisp w/Whipped Cream

Thursday: Carrot Cake w/Cream Cheese Frosting

Friday: Assorted Dessert

Saturday: Hot Fudge Sundae



Most items are cooked to order. If you would like an alternate preparation, please alert your server. Examples may include: Baked instead of fried, sauce on the side, ½ portions, omitting meat or no added seasoning. We will try to accommodate all requests.