

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00- Mahjong - Club Trio 2:00- Sunday Movie: Grumpy Old Men	2 Groundhog Day 8:50- Centering Prayer - Chapel 9:35- Standing Exercise - Chapel 10:00- Seated Exercise - Chapel <u>12:30- Watercolor Class - Art Rm</u> <u>2:30- Wine Tasting - Club Trio \$</u> 4:00- Social Hour - Club Trio 6:30- Monday Movie: Grumpier Old Men	3 <u>9:30- Shopping to Metro Market & Burlington (No lift)</u> 10:00- Ageless Grace® - Chapel 1:30- Bingo - Art Rm 2:00- Mahjong - Club Trio 4:00- Mass 7:00- Card Playing - Art Rm	4 9:35- Standing Exercise 10:00- Seated Exercise - Chapel 2:00- Drop in Tech Help - Club Trio 4:00- Mass 6:30- Mexican Train Dominoes	5 <u>9:30- Book Nook - Ground Floor</u> 10:00- Tai Chi - Chapel 1:00- Chat & Stitch - Art Rm 2:00- Book Club - Club Trio 4:00- Mass <u>6:30- Tim Crain - Chapel</u>	6 9:00- Sheepshead - Art Rm 10:00- Live Exercise Class - Chapel <u>10:00- MSO Bus Departs</u> <u>1:30- Art as Therapy w/ Jodi - Art Rm</u> 2:00- Mahjong - Club Trio <u>2:45- Peace Prayer - Chapel</u> 4:00- Mass 4:00- Social Hour - Club Trio	7 <u>9:30- Sharing Salon - Club Trio</u> 2:00- Board Games - Club Trio 4:00- Mass
8 <u>10:00- Monthly Reflection- Chapel</u> 2:00- Mahjong - Club Trio 2:00- Sunday Movie: You've Got Mail <u>5:00- Soup-er Bowl Party - Trio</u>	9 8:50- Centering Prayer - Chapel 9:35- Standing Exercise - Chapel 10:00- Seated Exercise - Chapel <u>2:30- Coffee Tasting - Club Trio \$</u> 4:00- Social Hour - Club Trio 6:30- Monday Movie: Sarah's Oil	10 <u>9:30- Shopping to Aldi & Dollar Tree (No lift)</u> 10:00- Ageless Grace® - Chapel 1:00- Mahjong - Club Trio 1:30- Bingo - Art Rm <u>2:30- IL Resident Meeting - Chapel</u> 4:00- Mass 7:00- Card Playing - Art Rm	11 9:35- Standing Exercise 10:00- Seated Exercise - Chapel <u>2:00- Heart Health Talk - Chapel</u> 2:00- Drop in Tech Help - Club Trio 4:00- Mass 6:30- Mexican Train Dominoes <u>6:00- Prayer Vigil for Peace - Chapel</u>	12 <u>9:30- Wellness Clinic - Exam Rms</u> 10:00- Tai Chi - Chapel 1:00- Chat & Stitch - Art Rm 4:00- Mass <u>6:30- Tim Crain - Chapel</u>	13 9:00- Sheepshead - Art Rm 10:00- Live Exercise Class - Chapel <u>1:30- Art as Therapy w/ Jodi - Art Rm</u> 2:00- Mahjong - Club Trio 4:00- Mass 4:00- Social Hour - Club Trio <u>6:30- Valentine's Movie: The Princess Bride - Chapel</u>	14  <u>1:30- Creative Crafting - Art Rm</u> 2:00- Board Games - Club Trio 4:00- Mass
15 2:00- Mahjong - Club Trio 2:00- Sunday Movie: While You Were Sleeping	16 Presidents' Day 8:50- Centering Prayer - Chapel <u>9:30- Writers' Group - Club Trio</u> 9:35- Standing Exercise - Chapel 10:00- Seated Exercise - Chapel <u>12:30- Watercolor Class - Art Rm</u> <u>2:30- Cheese Tasting - Club Trio \$</u> 4:00- Social Hour - Club Trio 6:30- Monday Movie: To Sir, With Love	17 HEAR WI Van <u>9:30- Shopping to Walmart (Lift)</u> <u>9:30- Paczki & Mimosas - Club Trio</u> 10:00- Ageless Grace® - Chapel 1:30- Bingo - Art Rm 2:00- Mahjong - Club Trio <u>2:00- Spirituality of Aging - Theater</u> <u>3:15- Bus Departs for Mardi Gras Fundraiser at MCH</u> 4:00- Mass	18 Ash Wednesday <i>Lenten toiletries drive begins</i> 9:35- Standing Exercise - Chapel 10:00- Seated Exercise - Chapel 2:00- Drop in Tech Help - Club Trio 4:00- Mass 6:30- Mexican Train Dominoes	19 <u>8:00- Men's Breakfast - Dining Rm</u> <u>9:30- Book Nook - Ground Floor</u> 10:00- Tai Chi - Chapel 1:00- Chat & Stitch - Art Rm <u>2:00- Feb. Birthday Party - Trio</u> 4:00- Mass	20 9:00- Sheepshead - Art Rm 10:00- Live Exercise Class - Chapel <u>10:00- MSO Bus Departs</u> <u>1:30- Art as Therapy w/ Jodi - Art Rm</u> 2:00- Mahjong - Club Trio 4:00- Mass 4:00- Social Hour - Club Trio	21 <u>9:30- Sharing Salon - Club Trio</u> 2:00- Board Games - Club Trio 4:00- Mass
22 2:00- Mahjong - Club Trio 2:00- Sunday Movie: The Wedding Planner	23 8:50- Centering Prayer - Chapel 9:35- Standing Exercise - Chapel 10:00- Seated Exercise - Chapel <u>10:00- Sandwich Making- Dining Rm</u> <u>4:00- Stations of the Cross - Chapel</u> 4:00- "Get to Know Amy" Social Hour - Club Trio 6:30- Monday Movie: Temple Grandin	24 10:00- Ageless Grace® <u>11:30- Lunch Bunch to Kin by Rice n Roll (Lift)</u> 1:30- Bingo - Art Rm 2:00- Mahjong - Club Trio 4:00- Mass 7:00- Card Playing - Art Rm	25 9:35- Standing Exercise 10:00- Seated Exercise - Chapel 10:30- Green Writing Advocates - Club Trio 2:00- Drop in Tech Help - Club Trio 4:00- Mass 6:30- Mexican Train Dominoes <u>6:30- Will Ulrich (music) - Chapel</u>	26 <u>9:30- Wellness Clinic - Exam Rms</u> 10:00- Tai Chi - Chapel 1:00- Chat & Stitch - Art Rm <u>2:00- Ladies' Tea - Club Trio</u> 4:00- Mass	27 9:00- Sheepshead - Art Rm 10:00- Live Exercise Class - Chapel <u>1:30- Art as Therapy w/ Jodi - Art Rm</u> 2:00- Mahjong - Club Trio 4:00- Mass 4:00- Social Hour - Club Trio	28 <u>9:30- Contemplative Art - Art Rm</u> 2:00- Board Games - Club Trio 4:00- Mass

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

1 Corinthians 13: 4-5

Key:

- Underlined - sign up required
- \$ - cost associated with the event
- Blue Lettering** - special event
- Red Lettering** - Holiday / room change

Directory

Front Desk	6000 / 6001
Campus Administrator	6002
Guest Services	6003
Housing Advisor	6004
Life Engagement	6005
Culinary Office	6007
Culinary Services	6009
Maintenance	6013
Care Partner Director	6017
PS Salon	6020
Therapy Services	6022



Dining Services

Bistro / Oak Leaf Café

Open 7 Days a Week

Closed on holidays

Daily Hours: 11:30am - 6:15pm

Last seating at 6:15pm

Please call x6009...

- *To make a reservation, at least 2 hours in advance, for 5 or more patrons.*
- *For room service (a \$4 charge will added).*
- *To request catering for an event.*

Buffet

Open 7 Days a Week

Meal Service Times

Breakfast: 7:30am - 9:00am

Lunch: 11:30am - 1:00pm

Dinner: 4:30pm - 6:00pm



Gift Shop

Open 7 Days a Week

Hours: 10:00am - 4:00pm

Pay for items at front desk

PS Salon

Hours

Tuesday 8:00am - 1:00pm

Thursday 8:00am - 1:00pm

Cuts & Styles

Style Only	24
Shampoo & Style	33
Shampoo, Cut & Style	52
Haircut Only	28
Haircut & Shampoo	36
Clipper Cut	24
Clipper Cut & Shampoo	32

Color

All Over Color	62
Color & Style	82
Semi-Permanent Rinse	16
Full HighSeateds	60

Perms & Relaxers

Perm Only	62
Perm & Style	82

Nails

Polish Change or Nail Shaping	19
Manicure	30
Pedicure	43
Nail Clipping	17

PS Salon (cont.)

Shampoo & Treatments

Shampoo	12
Deep Conditioning Treatment	14

Aesthetics

Facial Grooming	13
Chin or Lip Waxing	13
Eyebrow Waxing	14



Channel Guide

Internal Cable Channels

Chapel Programming	955
Entryway Cameras	956
Daily Updates & Menus	965